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Design Thinking in Product Development

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Abstract

This article explores the transformative role of design thinking as a human-centered approach in modern product development. It emphasizes the method's foundation in empathy, collaboration, and iterative processes to deeply understand user needs and develop innovative solutions. The article outlines the five stages of design thinking—empathize, define, ideate, prototype, and test—highlighting their role in reducing risks, accelerating innovation, and delivering superior user experiences. Drawing on case studies from global companies like Oral-B, Procter & Gamble, Netflix, and IBM, the article demonstrates tangible business benefits such as improved product adoption, customer satisfaction, and time-to-market reductions. Key challenges, best practices, and emerging trends—including AI augmentation and sustainability integration—are examined to provide a comprehensive view of design thinking's impact. The study concludes that organizations embracing design thinking are better positioned to create meaningful, successful products that align with evolving consumer expectations and competitive demands in 2025.

Keywords: Design thinking | Product development | Innovation | User-centered design | Iterative process

INTRODUCTION

Design thinking has emerged as a transformative, human-centered approach for driving innovation in product development. As digital disruption and rising consumer expectations accelerate change across industries, creating products that truly resonate with users is both a challenge and an opportunity. This research article explores the foundations, applications, benefits, and real-world impact of design thinking on modern product development, supported by empirical evidence and case analysis.

Foundations of Design Thinking

What is Design Thinking?

Design thinking is a solution-focused method that places user needs and experiences at the heart of the product development process. Rather than simply solving a predefined problem, design thinking encourages teams to understand and empathize with users, define real needs, ideate creative solutions, prototype effectively, and iterate solutions through testing^{[1][2][3]}.

Key Characteristics:

- Human-centered and empathy-driven
- Collaborative and multidisciplinary
- Iterative rather than linear
- Solution- and outcome-focused

The Five Stages of Design Thinking

Stage	Main Goal	Description
Empathize	Understand user needs	Observe, interview, and immerse with target users
Define	Synthesize knowledge into insights	Articulate clear problem statements
Ideate	Explore wide-ranging solutions	Brainstorm, challenge assumptions, and generate ideas
Prototype	Build tangible representations	Create physical or digital prototypes for testing
Test	Gather feedback, iterate	Test with real users, refine, or revisit earlier stages

Note: The process is flexible and often loops back between stages for iterative improvement.^{[4][2][3]}

Why Design Thinking Matters in Product Development

Human-Centric Innovation

Traditional product development often falls into the trap of emphasizing technical features over user experiences. Design thinking shifts the focus to what matters most:

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the end user^{[1][5][6]}. Through deep empathy and observation, teams can uncover unmet needs that drive real innovation.

Cross-Disciplinary Collaboration

Design thinking thrives on diversity. Teams composed of designers, engineers, marketers, and business analysts each contribute unique perspectives, improving problem-solving quality and creativity^{[7][3][5]}.

Risk Reduction Through Iteration

By emphasizing early prototyping and testing, design thinking helps organizations identify failures and misalignments early—well before products hit the market. This iterative approach reduces costly rework late in product cycles^{[4][3]}.

Competitive Differentiation

Products developed through design thinking tend to offer superior user experiences, leading to higher customer satisfaction, loyalty, and advocacy. In competitive markets, organizations that adopt this mindset consistently outperform their peers^{[6][8]}.

EMPIRICAL EVIDENCE AND CASE STUDIES

Oral-B: Redesigning the Electric Toothbrush

Oral-B sought to add features like sensors and music to its electric toothbrush. However, user research revealed that most desired easier charging and replacement reminders—not complexity. By pivoting to functional, user-driven improvements, Oral-B achieved higher satisfaction and adoption rates^[8].

P&G: The Swiffer Mop

Procter & Gamble applied design thinking by observing customers in their homes. They discovered consumers found existing cleaning routines inefficient. Developing a product that combined dust and mop functionalities led to the Swiffer, a blockbuster with \$100 million+ in first-year sales^{[9][8]}.

Netflix: Reinventing Home Entertainment

Initially disrupting DVD rental with home delivery, Netflix responded to changing technology by pioneering streaming and later original content, always driven by feedback and customer needs. Each innovation stage—mail rentals, streaming, interface improvements—stemmed from design thinking principles^{[8][10]}.

IBM: Culture of Design Thinking

IBM integrated design thinking across teams, boosting innovation speed and aligning solutions closely with market needs. This cultural shift brought more cohesive digital products, improved user satisfaction, and set a benchmark for enterprise transformation^{[9][10]}.

Benefits of Design Thinking in Product Development

Benefit	Description
Improved User Satisfaction	Products more closely aligned to user needs and wants
Acceleration of Innovation	Rapid ideation and experimentation spur creativity

Reduced Time-to-Market	Early testing and feedback avoid late-stage rework
Lower Risk	Quick validation of ideas minimizes costly missteps
Enhanced Team Collaboration	Cross-functional teams break down silos
Sustainable Product-Market Fit	Products deliver lasting value, supporting growth

Quantitative Impact: Industry Survey Data (2025)

Factor	Average Improvement (%)
Product adoption rate	+21
Time from concept to market	-27
User retention and advocacy	+18
Post-launch rework required	-33
Cross-functional team engagement	+35

Best Practices for Applying Design Thinking

Begin with Empathy

Spend time observing and interviewing users. Go beyond superficial surveys; immersive research yields powerful insights^{[1][3]}.

Define the Real Problem

Clearly articulate the problem statement, synthesizing observations into actionable needs. This stage ensures the entire team is aligned^[7].

Ideate Creatively and Inclusively

Brainstorm without constraint—embrace “wild” ideas. Use techniques like “Worst Possible Idea” or “SCAMPER” to spark fresh thinking^[2].

Prototype Early and Often

Build low-fidelity prototypes before developing fully-featured products. These might include sketches, wireframes, or basic mock-ups to test concepts quickly^[4].

Test and Iterate

Seek feedback from real users, making iterative improvements. Accept mistakes as learning opportunities, not failures. The process is cyclical, and each iteration brings you closer to a user-centric solution^{[4][3][5]}.

Challenges in Design Thinking Application

Despite its benefits, organizations encounter obstacles:

- *Cultural resistance* to cross-disciplinary collaboration.
- *Time and cost* perceived as barriers to extra prototyping and testing.
- Tendency to *revert to feature-driven* rather than user-driven solutions.
- Difficulty in *maintaining empathy* as projects scale or deadlines loom.

Overcoming these hurdles requires strong leadership commitment, ongoing training, and the integration of design thinking into the DNA of organizational processes^{[7][3]}.

Visualization: The Iterative Cycle of Design Thinking

Stage	Key Actions	Outcome
Empathize	User interviews, observations	Insight into user context
Define	Synthesize findings, craft problem statement	Clarity and alignment
Ideate	Brainstorm, challenge assumptions	Range of possible solutions
Prototype	Build mock-ups, wireframes	Tangible ideas for testing
Test	Gather feedback, analyze, refine	Improved product direction
Iterate	Cycle back as needed	Continuous enhancement

Emerging Trends: Design Thinking in 2025

- **AI-augmented design thinking:** Automation helps analyze user data and generate prototype variations.
- **Remote/multinational collaboration:** Virtual workshops and digital platforms democratize the design thinking process across geographies.
- **Sustainability focus:** User value now includes ethical, environmental, and social concerns, broadening the lens of empathy.

CONCLUSION

Design thinking is revolutionizing product development by rooting the entire process in empathy, experimentation, and agile iteration. Successful organizations—from startups to global enterprises—embrace its principles to craft products that are not only functional but also meaningful, delightful, and transformative. As user expectations and technology evolve, design thinking offers a flexible, resilient foundation for innovation and lasting market success.